

Supplementary Table 1. Characteristics of All Active EDIC Participants by Protocol Completion

	All	Participants	Non-Participants	p-value*
N	1,185	1,094	91	
<i>Study Design</i>				
DCCT Conventional Treatment Group	573 (48.4%)	518 (47.4%)	55 (60.4%)	0.022
DCCT Secondary Intervention Cohort	589 (49.7%)	545 (49.8%)	44 (48.4%)	0.873
<i>Demographics</i>				
Sex (female)	572 (48.3%)	522 (47.7%)	50 (54.9%)	0.224
Age (years)	59.5±6.8	59.5±6.8	59.2±7.6	0.855
Age <65 Years	919 (77.6%)	854 (78.1%)	65 (71.4%)	0.185
Education				0.030
Graduate School	292 (24.8%)	276 (25.3%)	16 (19.0%)	
College Graduate	439 (37.3%)	415 (38.0%)	24 (28.6%)	
Some College or Trade School	335 (28.5%)	304 (27.8%)	31 (36.9%)	
Secondary School Graduate or Less	110 (9.4%)	97 (8.9%)	13 (15.5%)	
Employment				<0.001
Employed	784 (68.4%)	760 (69.9%)	24 (40.7%)	
Retired	248 (21.6%)	232 (21.3%)	16 (27.1%)	
Unemployed	46 (4.0%)	44 (4.0%)	2 (3.4%)	
Disabled	68 (5.9%)	51 (4.7%)	17 (28.8%)	
<i>Non-Glycemic Characteristics</i>				
Current Smoker	106 (8.9%)	91 (8.3%)	15 (16.5%)	0.015
Heavy Alcohol Use (≥27 grams/day)	65 (5.6%)	60 (5.5%)	5 (6.3%)	0.961
BMI (kg/m ²)	28.8±5.9	29.2±5.8	23.9±3.1	<0.001
BMI Category				<0.001
Underweight	10 (0.8%)	5 (0.5%)	5 (5.5%)	
Normal	317 (26.8%)	263 (24.0%)	54 (59.3%)	
Overweight	431 (36.4%)	403 (36.8%)	28 (30.8%)	
Obese	427 (36.0%)	423 (38.7%)	4 (4.4%)	
Total MoCA Score [†]	26.2±2.6	26.2±2.6	N/A	N/A
Psychological Distress (GSI ≥63)	78 (7.8%)	78 (7.8%)	N/A	N/A
<i>Glycemic Characteristics</i>				
Duration (years)	37.9±4.9	37.9±4.9	37.3±5.1	0.167
Time-weighted Mean DCCT/EDIC HbA1c (%)	7.9±0.9	7.9±0.9	8.4±0.8	<0.001
Time-weighted Mean DCCT/EDIC HbA1c (mmol/mol)	63.2±9.8	62.8±9.8	68.6±9.2	<0.001
Mean EDIC HbA1c (%)	7.9±0.9	7.9±0.9	8.3±0.9	<0.001
Mean EDIC HbA1c (mmol/mol)	62.9±10.4	62.6±10.3	67.6±10.1	<0.001

Supplementary Table 1. Characteristics of All Active EDIC Participants by Protocol Completion (continued)

	All	Participants	Non-Participants	p-value*
Current HbA1c (%)	7.8±1.2	7.8±1.2	7.9±1.2	0.332
Current HbA1c (mmol/mol)	61.3±12.8	61.2±12.8	62.4±13.5	0.332
Severe Hypoglycemia (≥1 vs. 0 cumulative events) [‡]	565 (50.5%)	546 (50.5%)	19 (50.0%)	0.951
<i>Micro-/Cardiovascular Complications</i>				
Any Non-fatal CVD [§]	199 (16.8%)	172 (15.7%)	27 (29.7%)	<0.001
Any PDR	325 (27.4%)	284 (26.0%)	41 (45.1%)	<0.001
Any Reduced eGFR	106 (9.1%)	88 (8.1%)	18 (22.8%)	<0.001
Diabetic Peripheral Neuropathy	309 (28.2%)	277 (26.9%)	32 (48.5%)	<0.001
Cardiac Autonomic Neuropathy [¶]	414 (37.1%)	374 (35.5%)	40 (65.6%)	<0.001
Sensitivity Analysis: SPPB <10 [#]	267 (22.5%)	245 (22.4%)	22 (24.2%)	0.696
Sensitivity Analysis: Functional Limitations [#]	547 (46.2%)	525 (48.0%)	22 (24.2%)	<0.001

*P-values evaluate difference at $\alpha=0.05$ level between the N=1,094 participants and N=91 non-participants. Pearson's Chi-squared test with Yates' continuity correction is used for binary and categorical variables, and Wilcoxon rank sum test with continuity correction is used for continuous variables.

[†]Montreal Cognitive Assessment (MoCA) was measured in 1,049 active participants (N=1,049 participants, N=0 non-participants) and mild cognitive impairment was defined as a MoCA score ≤ 21 . N=58 participants scored ≤ 21 .

[‡]Severe hypoglycemia was defined as events leading to coma or seizure documented by self-report for the 3-month period prior to each annual study visit. Cumulative refers to the running sum of all events.

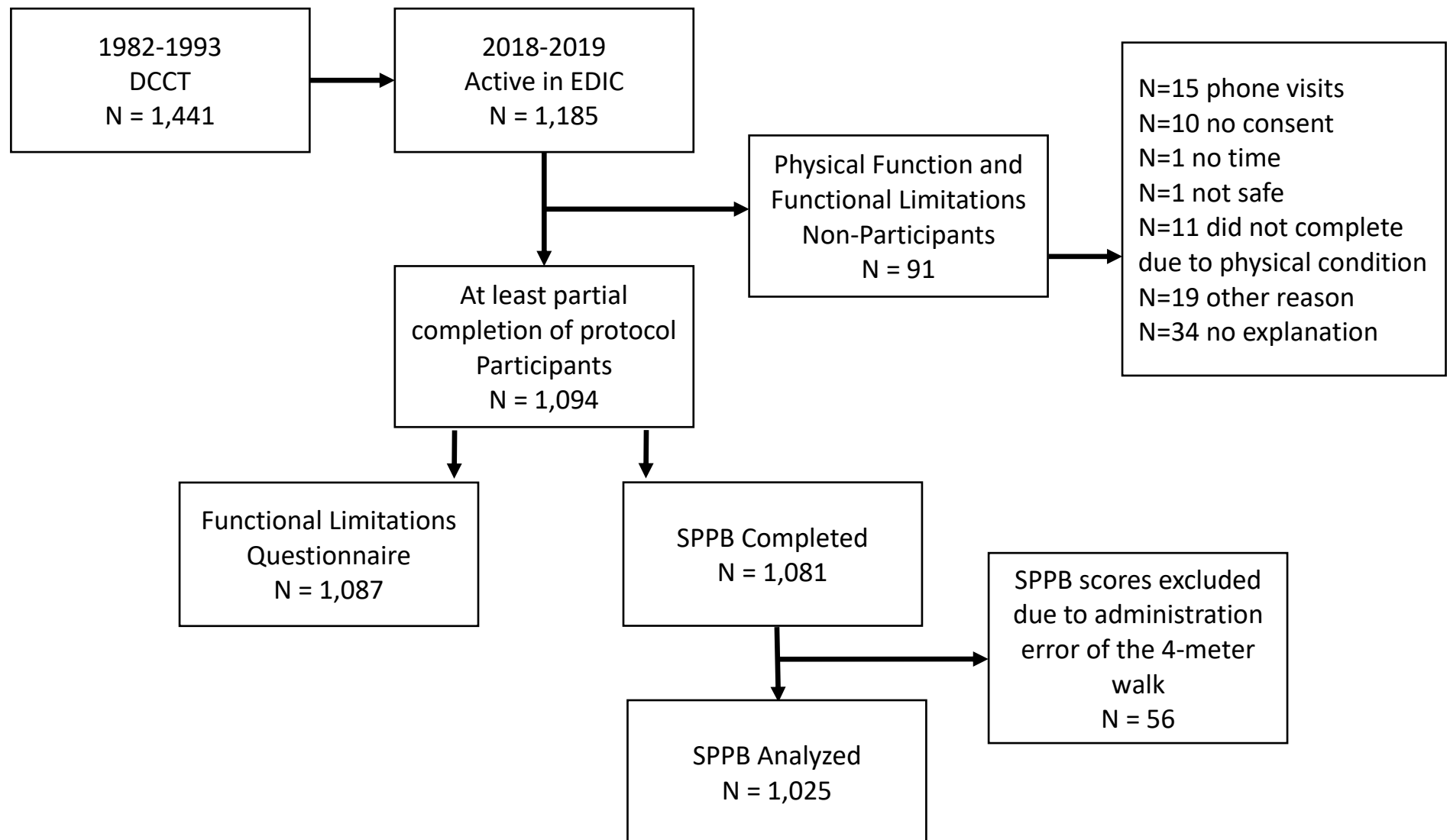
[§]CVD events were considered only if the event occurred before the physical function assessment. For non-participants, CVD events were considered only if the event occurred before November 17, 2017.

^{||}Diabetic Peripheral Neuropathy was assessed in 1,097 active participants (N=1,031 participants, and N=66 non-participants).

[¶]Cardiac Autonomic Neuropathy was measured in 1,116 active participants (N=1,065 participants, and N=51 non-participants).

[#]Non-participants missing both the SPPB and questionnaire data for reasons given as "unwillingness to participate", "completion of tests unsafe," or "physical/clinical condition makes completion of test not possible", were assigned SPPB <10, and self-reported functional limitations "present". Those missing both SPPB and questionnaire data for any other reason were assigned SPPB ≥ 10 and self-reported functional limitations "absent". Non-participants with partial data (either the SPPB or questionnaire was completed, but not both), were categorized according to their available (non-missing) data. Specifically, if the SPPB was completed but not the questionnaire, those with SPPB <10 were assigned "present" self-reported functional limitations while those with SPPB ≥ 10 were assigned "absent" self-reported functional limitations. Conversely, if the questionnaire but not the SPPB was completed, those with "present" self-reported functional limitation were assigned SPPB <10; those with "absent" self-reported functional limitations were assigned SPPB ≥ 10 .

Supplementary Figure 1. Participation in the EDIC Physical Function including Short Physical Performance Battery (SPPB) and Self-Reported Functional Limitations



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