

Appendix 3. Distribution of HbA1c levels by visit and group

	Maintainer			Progressor			Reverter			P Value*
	n	Mean Freq	Stdev. %	n	Mean Freq	Stdev. %	n	Mean Freq	Stdev. %	
HbA1C Levels, mean (Stdev)										
IA-1	44	5.30	0.33	21	5.50	0.38	33	5.28	0.28	0.0381
IA-2	65	5.30	0.34	23	5.99	0.44	37	5.31	0.28	<.0001
HbA1C >5.7, freq (%)										
IA-1	44	1	2.3%	21	5	23.8%	33	1	3.0%	0.0066
IA-2	65	5	7.7%	23	17	73.9%	37	4	10.8%	<.0001

*Fishers' Exact test was used to test for differences in categorical variables across groups and ANOVA was used to test for differences in continuous variables across groups.