Supplementary Table 1 Ovid Medline search strategy, conducted May 11, 2021

Step	Search	Results	
1	Diabetes mellitus, Type 1/ep [Epidemiology]	6836	
2	Type 1 diabet*.m_title.	21313	
3	Type I diabet*.m_title.	2552	
4	Type one diabet*.m_title.	18	
5	T1dm.m_title.	170	
6	tidm.m_title.	4	
7	Insulin dependent diabet*.m_title.	9991	
8	IDDM.m_title.	1749	
9	Latent autoimmune diabet*.m_title.	317	
10	LADA.m_title.	160	
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	39076	
12	Incidence.	274594	
13	Inciden*.m_title.	116947	
14	12 or 13	327701	
15	Follow-up studies/	661371	
16	Cohort studies/	282979	
17	Prospective studies/	582799	
18	Longitudinal studies/	144732	
19	Cross-sectional studies/	363349	
20	15 or 16 or 17 or 18 or 19	1764024	
21	11 and 14 and 20	754	
22	Limit 21 to english language	696	

Supplementary Table 2 Embase search strategy, conducted May 11, 2021

Step	Search	Results	
1	Diabetes mellitus, Type 1/ep [Epidemiology]	1352	
2	Type 1 diabet*.m_title.	39773	
3	Type I diabet*.m_title.	3632	
4	Type one diabet*.m_title.	52	
5	T1dm.m_title.	774	
6	tidm.m_title.	16	
7	Insulin dependent diabet*.m_title.	12068	
8	IDDM.m_title.	2061	
9	Latent autoimmune diabet*.m_title.	501	
10	LADA.m_title.	286	
11	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10	59004	
12	Incidence.	458679	
13	Inciden*.m_title.	183883	
14	12 or 13	572571	
15	Follow-up studies/	1268494	
16	Cohort studies/	567690	
17	Prospective studies/	581621	
18	Longitudinal studies/	136475	
19	Cross-sectional studies/	282735	
20	15 or 16 or 17 or 18 or 19	2417123	
21	11 and 14 and 20	690	
22	Limit 21 to english language	658	

Supplementary Table 3 List of countries with national registries or health surveys for which we searched for published data on T1DM in adults *indicates data found

Scotland* Australia* Iraq Austria Ireland Singapore Slovakia Bahamas Italy Japan Slovenia Bahrain Bangladesh Latvia Sweden Barbados Lithuania Tunisia Belgium Malaysia United Kingdom United States of America Belize Maldives Bermuda Malta Uruaguay Brazil Mauritius **US Virgin Islands** Canada Mexico Colombia Myanmar Namibia Croatia Czechia Netherlands Denmark New Caledonia Dominican Republic New Zealand Nicaragua England Finland* Norway Romania French Polynesia Germany Russia Honduras South Korea Hong Kong Saudi Arabia

Supplementary Table 4 Modified Newcastle-Ottawa Quality Assessment Scale the global assessment of adult-onset T1D incidence

Criterion	Score
Selection	
1. Representativeness of the general population (sampling frame).	
 a) National population-based; e.g. national insurance or administrative data or national registry 	2
b) Non-national population based; e.g. regional, population-based	1
 Selected group e.g. patient group; employees; insured population, in a country without universal insurance/ or no description 	0
2. Sample size	
a) >10,000	1
b) ≤10,000	0
Indication in the paper that outcome of interest (diabetes) was not present at study baseline	
a) Yes	1
b) No	0
Outcome	
Assessment of diabetes status/Diagnosis of T1D	
a) No description	0
b) Self-report	1
c) Record Linkage (clinical diagnosis, or ICD code)	2 3
 d) Administrative algorithm including where two or more clinical criteria are used 	
e) Use of one or more biomarkers (e.g. Anti-GAD, other antibodies, C-	4
peptide, genetic scores) supplemented with clinical criteria	
Data capture and/adequacy of follow up of cohorts/surveys.	
a) Insurance/electronic database	2
b) Medical Records	2 2 1
c) Cohort/survey follow-up >80%	2
d) Cohort/survey follow-up 60-80%	
e) Cohort/survey follow-up <60% or no statement	0
Comparability	
Is the incidence rate adjusted/standardized at least for age?	
a) Yes	1
b) No	0
Total Score	11

Supplementary Table 5 Detailed definition of T1D diagnosis and outcome assessment score for each study included in systematic review

Country (region) [reference]		Description
Europe		•
Belgium (Antwerp)[1]	2	Belgian Diabetes Registry
Croatia (Zagreb)[2]	3	Included on diabetes registry and present with DKA and/or be placed on
		insulin treatment within 1 week of diagnosis and remain on continuous
		insulin treatment
Denmark (Copenhagen & Freseriskborg)[3]	3	ICD-8 codes 249.00 and 250.00 + clinical symptoms & signs, biomedical
		data and time of initiation of insulin treatment
Finland[4]	3	Registry based data from hospital, prescriptions and insurance databases.
		T1D status had to be consistent across at least two data sources, and insulin
		administered at diagnosis
Finland (FinDM)[5]	2	Administrative sources including hospitals, prescriptions, and insurance
		databases
Ireland[6]	3	At least one insulin prescription within 12 months of oral hyperglycemic, and
		at least one blood glucose testing strep
Italy (Pavia)[7]	2	Diagnosis on registry plus insulin prescription
Italy (Sardinia)[8]	2	Diagnosis of idiopathic diabetes stated by a physician with insulin therapy
Italy (Turin)[9]	2	Incident diabetes identified from diabetes clinics, hospital discharge data and
		files of subjects exempt from payment of drugs, syringes, and glucose-
	_	monitoring strips
Lithuania[10]	3	Age <34, presence of ketonuria, and the need for permanent insulin therapy
	_	within 2 weeks of diagnosis
Norway[11]	2	A person was registered as a new case of diabetes if she or he was treated
		in hospital with a diagnosis of diabetes mellitus for the first time within the
		study period and/or reported from the insurance register, and if the person
AL (LILIATTY FACT		was below 30 years of age at the time of diagnosis.
Norway (HUNT)[12]	4	Diabetes was identified by questionnaire and FPG anti-GAD was assayed on
Delend (Mereculta)	0	samples from "all diagnosed diabetic individuals"
Poland (Warsaw)[13]	2 2	Hospital registry data
Poland (Rzeszow)[14]	2	Hospital registry data plus diabetes and endocrinology clinics, pediatric and
		primary health care clinics, industrial outpatient centers, and rural health
Domania (Ducharast)[45]	2	stations.
Romania (Bucharest)[15]	2	Bucharest Diabetes Registry The Federal DM Registry
Russia[16]	2 2	The Federal DM Registry
Scotland[17]		Scottish Diabetes Survey 2019
Serbia[18]	2 2	Serbian Diabetes Registry Registration on EURODIAR TIGER and data of insulin initiation was used as
Slovakia[19]	2	Registration on EURODIAB TIGER and date of insulin initiation was used as date of T1D diagnosis
		uate of the diagnosis

Spain (Catalonia)[20]	:	3	T1D was defined as insulin therapy. All of
Spain (Navarre)[21]		4	The following diagnopositive anti-GAD an need for insulin thera disease; and (b) negathe onset of the disease ketoacidosis), with the months after diagnos
Spain (Badajoz)[22]	:	3	T1D was defined as insulin therapy. Date maturity onset diabet
Sweden[23]		3	Type 1 diabetes was code specific for type (2) any other ICD cocombined with insulir Insulin prescriptions with ATC code A10A
Sweden (DISS)[24]		4	We included all indiving Classification of the classessment, as well
Sweden (Kronoberg)[25]		4	Patients positive to a value <0.25 nmol/L w classified as type 1, a evaluate presence of treatment, defined as
Sweden (DISS, PDR & NDR)[26]		4	DISS includes clinical includes patients >18 individuals receiving received oral glucose
UK (CPRD)[27]	:	3	Diagnosis of 1D or haprescribed oral gluco medications
UK (Biobank)[28]		4	diabetes, including as and insulin use at en admissions for DKA,
UK (West Yorkshire)[29]	:	3	T1D was defined as a case, dependence or MODY was excluded

- T1D was defined as the presence of ketonuria, and the need for permanent insulin therapy. All of the reported cases were on insulin treatment.
- The following diagnostic criteria for DM1 were taken into consideration: (a) positive anti-GAD and/or anti-IA2 antibodies, together with the persistent need for insulin therapy started less than 6 months after diagnosis of the disease; and (b) negative antibodies with specific characteristics referring to the onset of the disease (clinical and laboratory test data: ketosis or ketoacidosis), with the persistent need for insulin therapy started less than 6 months after diagnosis of the disease
- T1D was defined as the presence of ketonuria, and the need of permanent insulin therapy. Date of diagnosis is date of insulin initiation. Excludes maturity onset diabetes and secondary diabetes
- Type 1 diabetes was defined based on either of the following: (1) any ICD code specific for type 1 diabetes (ICD-9: 250.X1, 250.X3; ICD-10: E10) or (2) any other ICD code for diabetes (ICD-8/9: 250; ICD-10: E11-E14) combined with insulin prescription (as described below) before age 30 years. Insulin prescriptions were identified based on any medication prescription with ATC code A10A
- We included all individuals classified as having T1D in the DISS. Classification of the diabetes type in the DISS is based on a clinical assessment, as well as an analysis of islet cell antibodies since 1998.
- Patients positive to any of the antibodies ICA or GADab, or with a C-peptide value <0.25 nmol/L were classified as T1D. Medical records of adults classified as type 1, and of all children and adolescents, were searched to evaluate presence of acidosis and/or ketonuria, and of early insulin treatment, defined as within 4 weeks of diagnosis of diabetes
- 4 DISS includes clinical assessment and analysis of islet cell antibodies; NDR includes patients >18 with diabetes treated with insulin; PDR includes individuals receiving at least 3 prescriptions of insulin and never having received oral glucose-lowering drugs
- 3 Diagnosis of 1D or had been prescribed insulin and had never been prescribed oral glucose-lowering medications
- diabetes, including age of diagnosis, insulin use within 1 year of diagnosis, and insulin use at enrolment to the study, were self-reported; plus admissions for DKA, use of genetic variants
- T1D was defined as the diagnosis given by the consultant in charge of the case, dependence on insulin from diagnosis and/or ketosis proneness.

 MODY was excluded

1/1/	netarn	Pacific	
<i>"</i>	COLCIII	raciiic	

Australia[30] China[31]

Hong Kong[32]

Japan[33]

Korea[34]

New Zealand (Canterbury)[35] Taiwan[36]

All Other Regions

Eritrea[37]

Ethiopia[38] Mali[39]

Iran (Fars)[40]

Libya (Benghazi)[41]

India[42]

Rwanda[43]

- 2 National Diabetes Insurance Scheme
- T1D cases ascertained from self-report from diabetes communities, and hospital and insurance registries using ICD codes of 250xx (ICD9) and E10, E08.1 (ICD10). T1D status was based on age at onset <30 and history of DKA or ketosis at diagnosis.
- T1D was defined as clinical presentation with diabetic ketoacidosis and/or continuous requirement of insulin within 1 year of diagnosis.
- 3 ICD-10 code (E10) for T1D diabetes and who were prescribed insulin and instructed to self-monitor their blood glucose.
- 3 Korean National Health Insurance Service database: (1) at least one claim under ICD-10 code E10; (2) three or more claims for the prescription of insulin; and (3) at least one claim for prescription of insulin between 365 and 730 days after the first prescription of insulin.
- 2 Canterbury Diabetes Register and insulin-treatment
- National Health Insurance Research Database, using ICD9 codes to identify T1DM, and ≥3 outpatient visits or 1 hospitalization within a year

- Abrupt onset of symptomatic hyperglycaemia, need for insulin replacement therapy from diagnosis, and no acanthosis nigricans.
- 2 Hospital data and insulin-requiring diabetes
- Diagnosis of T1D was a clinical assessment based on age, presentation, clinical features and immediate requirement for insulin, with no suggestion of T2D or another type of diabetes being responsible.
- Patients who first presented with DKA, had DKA as a complication of diabetes, or were severely symptomatic with significant weight loss on any therapeutic regimen except insulin were considered to have T1D.
- They were considered IDDM cases and treated with insulin if they had developed ketonuria and required insulin during the first year of diagnosis. Date of diagnosis was the date of first insulin administration for IDDM case
- The diagnosis of T1D was identified from the EMR using the ICD code 250.01
- Random blood glucose in excess of 200 mg/dl and symptoms, and required insulin therapy.

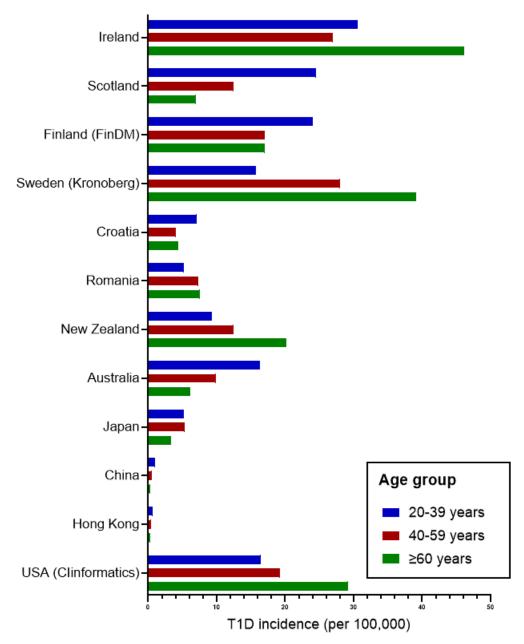
USA (Navy)[44]		First hospitalizations for a diagnosis of diabetes mellitus ICD-9 codes 250.0-250.9 appearing anywhere on the hospital discharge summary
	_	
USA (Clinformatics)[45]	3	At least two diagnoses for type 1 using ICD-9 AND at least one outpatient
		prescription for insulin
USA (California)[46]	4	T1D was defined as having diabetes (ICD codes and labs (FPG, OGTT,
, , , , , , , , , , , , , , , , , , ,		random glucose, HbA1c) and the presence of at least one of the four
		measured diabetes autoantibodies (GADA, IA-2A, IAA, or ZnT8A)
Abbreviations: ADA: American Diabetes A	esociation: DISS: Di	ahetes Incidence Study in Sweden: DKA: Diahetic Ketoacidosis: DM: Diahetes

Abbreviations: ADA: American Diabetes Association; DISS: Diabetes Incidence Study in Sweden; DKA: Diabetic Ketoacidosis; DM: Diabetes Mellitus; FPG: Fasting Plasma Glucose; ICD: International Classification of Disease; IDDM: Insulin-Dependent Diabetes Mellitus; EMR: Electronic Medical Record; NDR: National Diabetes Register (Sweden); OGTT: Oral Glucose Tolerance Test; PDR: Prescribed Drug Register (Sweden); T1D: Typ1 1 Diabetes; T2D: Type 2 Diabetes

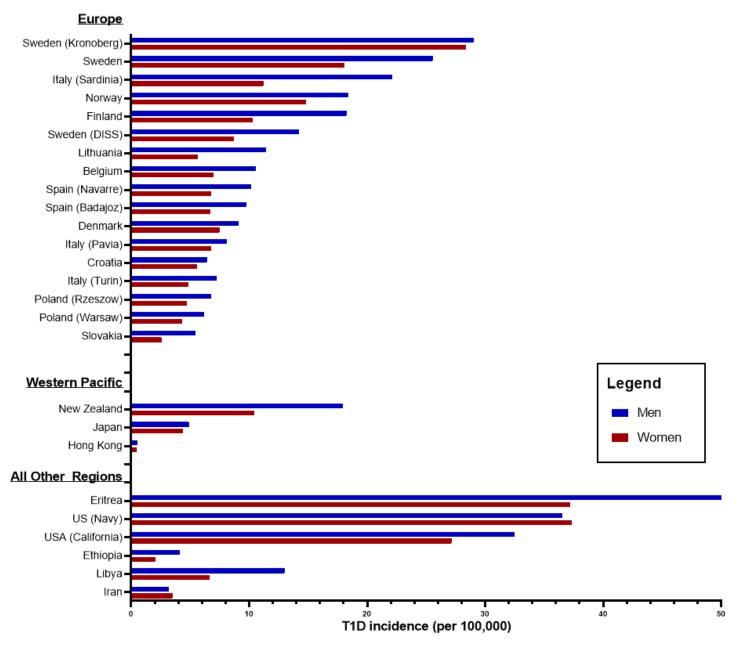
Supplementary Table 6 Newcastle-Ottowa quality assessment of included studies

	Selection			Outcome As	sessment	_	
Study	Represent ativeness (/2)	Sample size (/1)	Free from outcome at baseline (/1)	Diagnosis of T1D (/4)	Data Capture (/2)	Comparability (/1)	Final Score (/11)
Europe							
Belgium (Antwerp)[1]	1	1	0	2	2	1	7
Croatia (Zagreb)[2]	1	1	1	3	2	1	9
Denmark (Copenhagen &	1	1	1	3	2	1	9
Freseriskborg)[3]							
Finland[4]	2	1	0	3	2	1	9
Finland (FinDM)[5]	2	1	0	2	2	1	8
Ireland[6]	2	1	0	3	2	1	9
Italy (Pavia)[7]	1	1	0	2	2	1	7
Italy (Sardinia)[8]	1	1	0	2	2	1	7
Italy (Turin)[9]	1	1	0	2	2	1	7
Lithuania[10]	2	1	0	3	2	1	9
Norway[11]	2	1	0	2	2	1	8
Norway (HUNT)[12]	1	1	1	4	2	0	9
Poland (Warsaw)[13]	1	1	0	2	2	0	6
Poland (Rzeszow)[14]	1	1	0	2	2	1	7
Romania (Bucharest)[15]	1	1	0	2	2	1	7
Russia[16]	2	1	1	2	2	0	8
Scotland[17]	2	1	0	2	2	1	8
Serbia[18]	2	1	0	2	2	1	8
Slovakia[19]	1	1	0	2	2	1	7
Spain (Catalonia)[20]	1	1	0	3	2	1	8
Spain (Navarre)[21]	1	1	0	4	2	1	9
Spain (Badajoz)[22]	1	1	1	3	2	1	9
Sweden[23]	2	1	1	3	2	0	9
Sweden (DISS)[24]	2	1	0	4	2	0	9
Sweden (Kronoberg)[25]	1	1	1	4	2	1	10
Sweden (DISS, PDR & NDR)[26]	2	1	1	4	2	1	11
UK (CPRD)[27]	1	1	0	3	2	1	8
UK (Biobank)[28]	1	1	1	4	2	1	10
UK (West Yorkshire)[29]	1	1	0	3	2	1	8
Western Pacific							
Australia[30]	2	1	0	2	2	1	8

China[31]	1	1	0	3	2	1	8
Hong Kong[32]	1	1	0	3	2	1	8
Japan[33]	2	1	0	3	2	1	9
Korea[34]	2	1	0	3	2	1	9
New Zealand (Canterbury)[35]	1	1	0	2	2	1	7
Taiwan[36]	2	1	0	2	2	1	8
All Other Regions							
Eritrea[37]	1	1	1	3	2	0	8
Ethiopia[38]	1	1	0	2	0	1	5
Mali[39]	2	1	0	3	2	1	9
Iran (Fars)[40]	1	1	0	3	2	1	8
Libya (Benghazi)[41]	1	1	1	3	2	1	9
India[42]	0	1	1	2	2	0	6
Rwanda[43]	1	1	1	3	0	0	6
USA (Navy)[44]	0	1	1	2	2	1	7
USA (Clinformatics)[45]	0	1	1	3	2	1	8
USA (California)[46]	0	1	0	4	2	1	8



Supplementary Figure 1 Incidence of adult-onset T1D by age group and country among studies reporting T1D incidence across all age groups



Supplementary Figure 2 Incidence of adult-onset T1D by gender, and country/region

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