

SUPPLEMENTARY MATERIAL

Supplementary table 1. Associations between subcutaneous white adipose tissue (scWAT) and descending aorta ¹⁸F-fluorodeoxyglucose uptake, and whole-body adiposity in men.

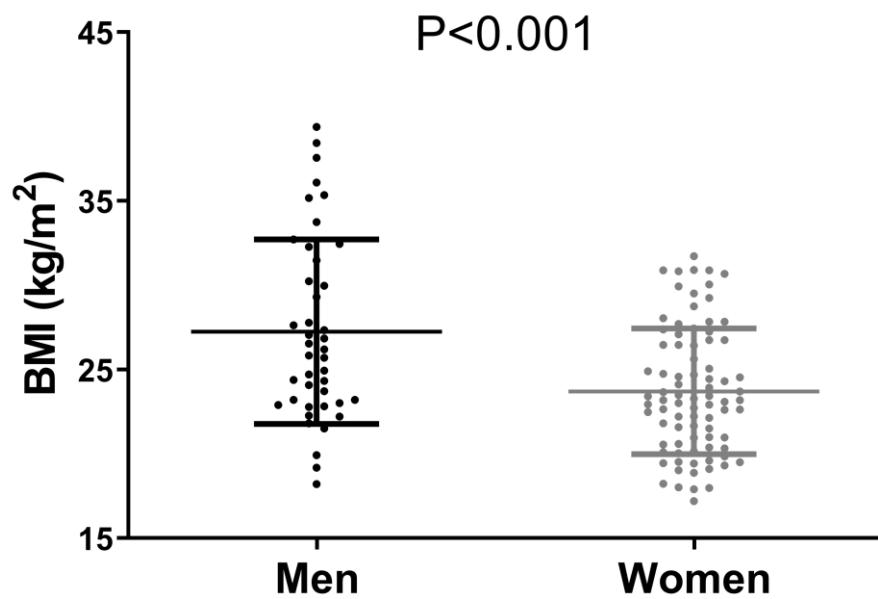
	BMI (kg/m ²)			Waist circumference (cm)			Fat mass (kg)			Fat mass (%)			VAT (g)		
	β	R ²	P	β	R ²	P	β	R ²	P	β	R ²	P	β	R ²	P
Model 0															
scWAT dorsocervical SUVpeak	-2.588	0.005	0.670	-12.450	0.014	0.471	-0.276	0.000	0.982	5.585	0.012	0.509	-86.691	0.005	0.668
scWAT tricipital SUVpeak	-40.338	0.227	0.001	-96.750	0.164	0.008	-80.045	0.215	0.002	-16.195	0.280	0.337	-80.045	0.215	0.002
Descending aorta SUVpeak	-0.720	0.001	0.875	-11.674	0.021	0.363	1.157	0.000	0.901	1.544	0.001	0.809	-39.519	0.002	0.791
Model 1 (Date PET-CT)															
scWAT dorsocervical SUVpeak	-2.672	0.020	0.662	-12.658	0.025	0.468	-0.474	0.020	0.970	5.432	0.037	0.521	-87.141	0.005	0.670
scWAT tricipital SUVpeak	-40.012	0.229	0.002	-95.938	0.165	0.009	-78.904	0.220	0.003	-61.508	0.287	<0.001	-1139.877	0.168	0.008
Descending aorta SUVpeak	-0.798	0.008	0.863	-11.873	0.027	0.359	0.955	0.013	0.919	1.374	0.020	0.830	-39.471	0.002	0.794
Model 2 (Date PET-CT and HOMA-IR)															
scWAT dorsocervical SUVpeak	-0.121	0.575	0.976	-6.358	0.442	0.635	4.594	0.536	0.603	8.403	0.424	0.212	-6.707	0.505	0.964
scWAT tricipital SUVpeak	-32.244	0.613	0.001	-76.513	0.467	0.011	-63.540	0.582	0.001	-52.915	0.527	0.000	-889.974	0.541	0.006
Descending aorta SUVpeak	-2.498	0.480	0.463	-16.179	0.407	0.119	-2.387	0.452	0.737	-0.563	0.334	0.917	-93.632	0.451	0.413
Model 3 (Date PET-CT and BSA)															
scWAT dorsocervical SUVpeak	-0.889	0.674	0.804	-7.650	0.659	0.465	3.500	0.784	0.561	7.621	0.543	0.203	-29.312	0.628	0.817
scWAT tricipital SUVpeak	-22.615	0.765	0.002	-46.369	0.712	0.039	-40.690	0.842	0.001	-41.123	0.664	0.001	-580.867	0.687	0.033
Descending aorta SUVpeak	-1.345	0.702	0.600	-13.397	0.705	0.068	-0.225	0.791	0.959	0.705	0.553	0.872	-56.731	0.650	0.532
Model 4 (Date PET-CT and vest T^a)															
scWAT dorsocervical SUVpeak	-6.281	0.147	0.474	-23.103	0.123	0.394	-5.391	0.197	0.778	4.200	0.188	0.754	-265.131	0.119	0.409
scWAT tricipital SUVpeak	-39.418	0.393	0.063	-50.329	0.215	0.455	-53.780	0.351	0.248	-31.672	0.338	0.336	-651.737	0.201	0.417
Descending aorta SUVpeak	-4.760	0.273	0.486	-28.602	0.279	0.159	-9.453	0.314	0.516	-3.371	0.305	0.743	-176.949	0.193	0.476

Unstandardized β, R² and P from multiple linear regressions. Model 0: simple lineal regression; Model 1: Adjusted by date when BAT assessment was performed. Model 2: Model 1 and the homeostasis model assessment of insulin resistance (HOMA-IR). Model 3: Model 2 and body surface area (BSA); Model 4: Model 2 and the water temperature at the cooling vest prior to the PET-CT. BMI: Body mass index; SUV: Standardized uptake value; VAT: Visceral adipose tissue.

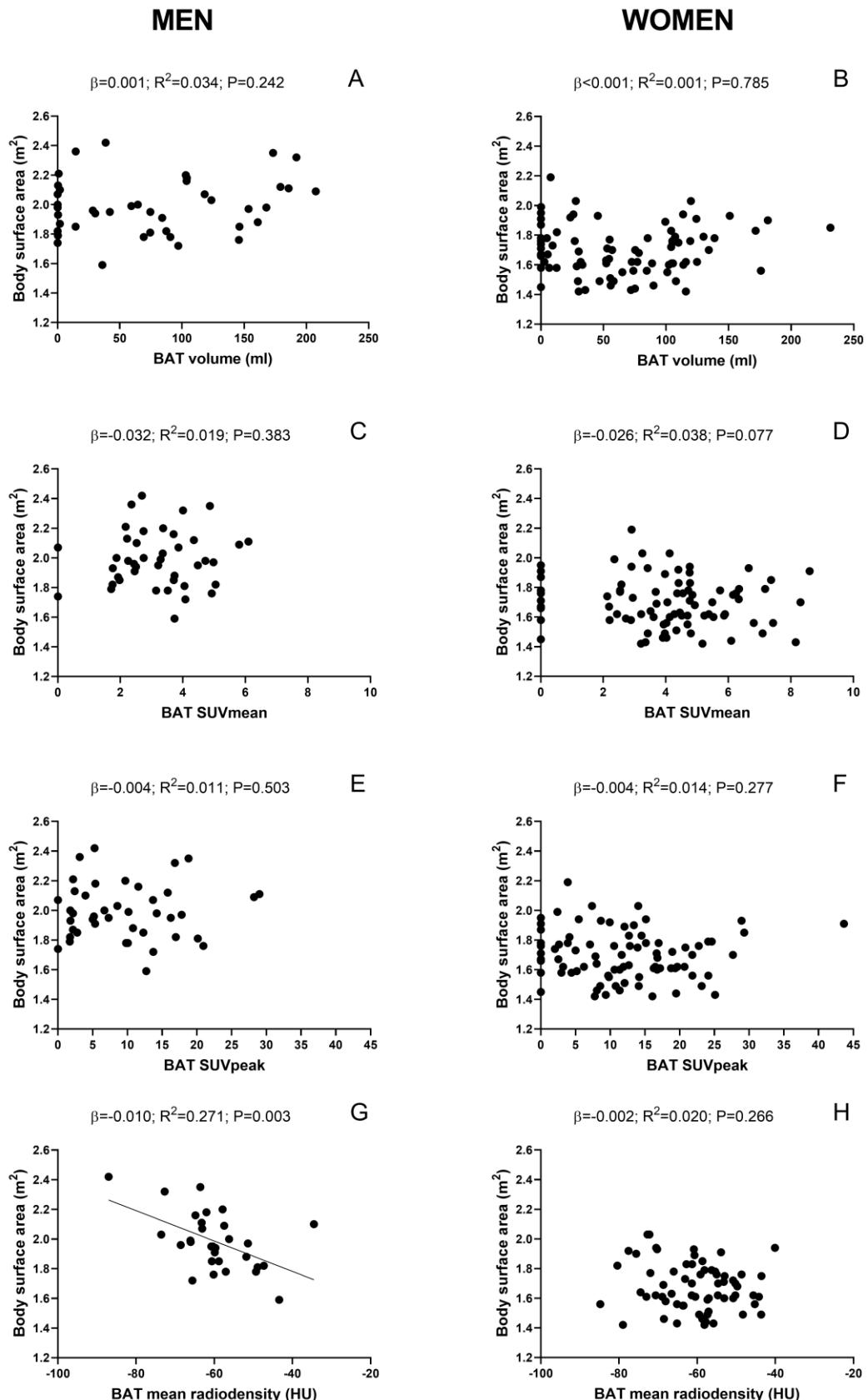
Supplementary table 2. Associations between subcutaneous white adipose tissue (scWAT) and descending aorta ¹⁸F-fluorodeoxyglucose uptake, and whole-body adiposity in women.

	BMI (kg/m ²)			Waist circumference (cm)			Fat mass (kg)			Fat mass (%)			VAT (g)		
	β	R ²	P	β	R ²	P	β	R ²	P	β	R ²	P	β	R ²	P
Model 0															
scWAT dorsocervical SUVpeak	3.680	0.021	0.193	15.355	0.044	0.061	6.521	0.016	0.255	2.406	0.004	0.588	51.808	0.002	0.666
scWAT tricipital SUVpeak	5.688	0.002	0.670	20.012	0.004	0.601	7.395	0.001	0.785	46.676	0.085	0.007	7.395	0.001	0.785
Descending aorta SUVpeak	0.025	0.000	0.992	3.400	0.003	0.640	0.306	0.000	0.952	-3.216	0.008	0.412	-5.935	0.000	0.955
Model 1 (Date PET-CT)															
scWAT dorsocervical SUVpeak	3.702	0.021	0.193	15.448	0.045	0.061	6.554	0.016	0.256	2.343	0.005	0.600	52.766	0.003	0.663
scWAT tricipital SUVpeak	5.871	0.002	0.665	20.467	0.004	0.597	7.566	0.001	0.783	-30.971	0.029	0.143	29.704	0.000	0.959
Descending aorta SUVpeak	0.014	0.000	0.996	3.325	0.003	0.650	0.291	0.000	0.955	-3.180	0.009	0.421	-6.584	0.001	0.951
Model 2 (Date PET-CT and HOMA-IR)															
scWAT dorsocervical SUVpeak	4.876	0.218	0.067	18.650	0.255	0.012	8.946	0.160	0.108	3.996	0.098	0.366	66.853	0.197	0.548
scWAT tricipital SUVpeak	-7.634	0.181	0.559	-7.675	0.180	0.833	-14.943	0.130	0.583	-48.593	0.150	0.022	-584.812	0.205	0.279
Descending aorta SUVpeak	-1.010	0.183	0.664	2.826	0.187	0.671	-1.489	0.132	0.759	-4.398	0.108	0.250	-42.532	0.198	0.659
Model 3 (Date PET-CT and BSA)															
scWAT dorsocervical SUVpeak	0.040	0.544	0.984	5.210	0.509	0.387	-2.197	0.743	0.467	-2.317	0.351	0.531	-94.118	0.472	0.298
scWAT tricipital SUVpeak	-11.551	0.539	0.224	-21.834	0.498	0.438	-34.014	0.745	0.019	-53.823	0.402	0.002	-658.076	0.463	0.131
Descending aorta SUVpeak	-2.723	0.548	0.118	-2.354	0.499	0.655	-6.179	0.746	0.021	-6.627	0.362	0.042	-113.132	0.463	0.159
Model 4 (Date PET-CT and vest T^a)															
scWAT dorsocervical SUVpeak	2.441	0.114	0.546	22.190	10.506	0.041	6.020	0.168	0.426	2.104	0.083	0.736	-28.380	0.161	0.861
scWAT tricipital SUVpeak	-6.794	0.110	0.694	25.313	0.067	0.595	-14.348	0.158	0.658	-46.452	0.158	0.077	-490.843	0.175	0.476
Descending aorta SUVpeak	-4.810	0.153	0.149	0.197	0.061	0.983	-5.779	0.172	0.359	-6.783	0.127	0.189	-137.843	0.187	0.304

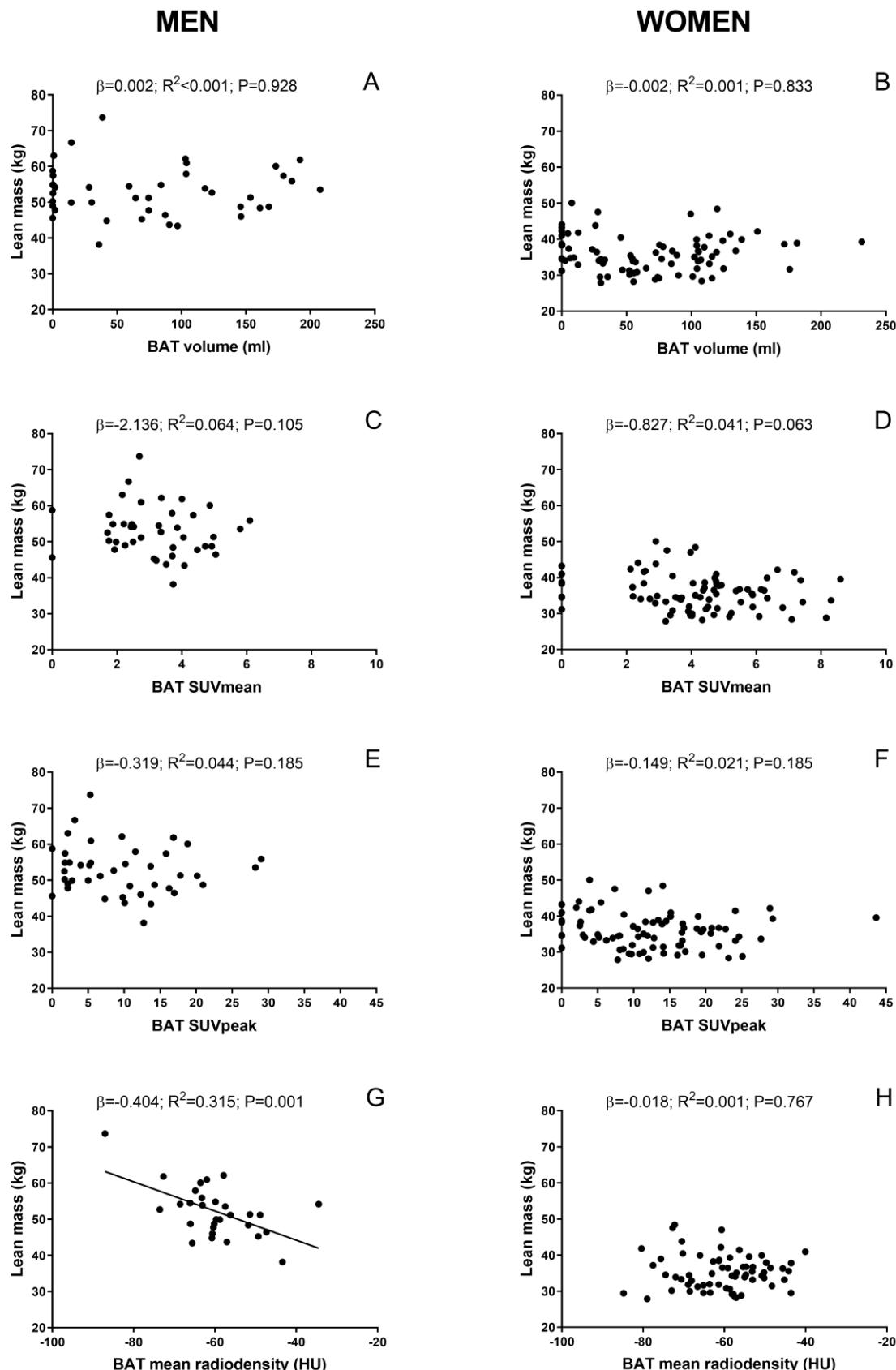
Unstandardized β, R² and P from multiple linear regressions. Model 0: simple lineal regression; Model 1: Adjusted by date when BAT assessment was performed. Model 2: Model 1 and the homeostasis model assessment of insulin resistance (HOMA-IR). Model 3: Model 2 and body surface area (BSA); Model 4: Model 2 and the water temperature at the cooling vest prior to the PET-CT. BMI: Body mass index; SUV: Standardized uptake value; VAT: Visceral adipose tissue.



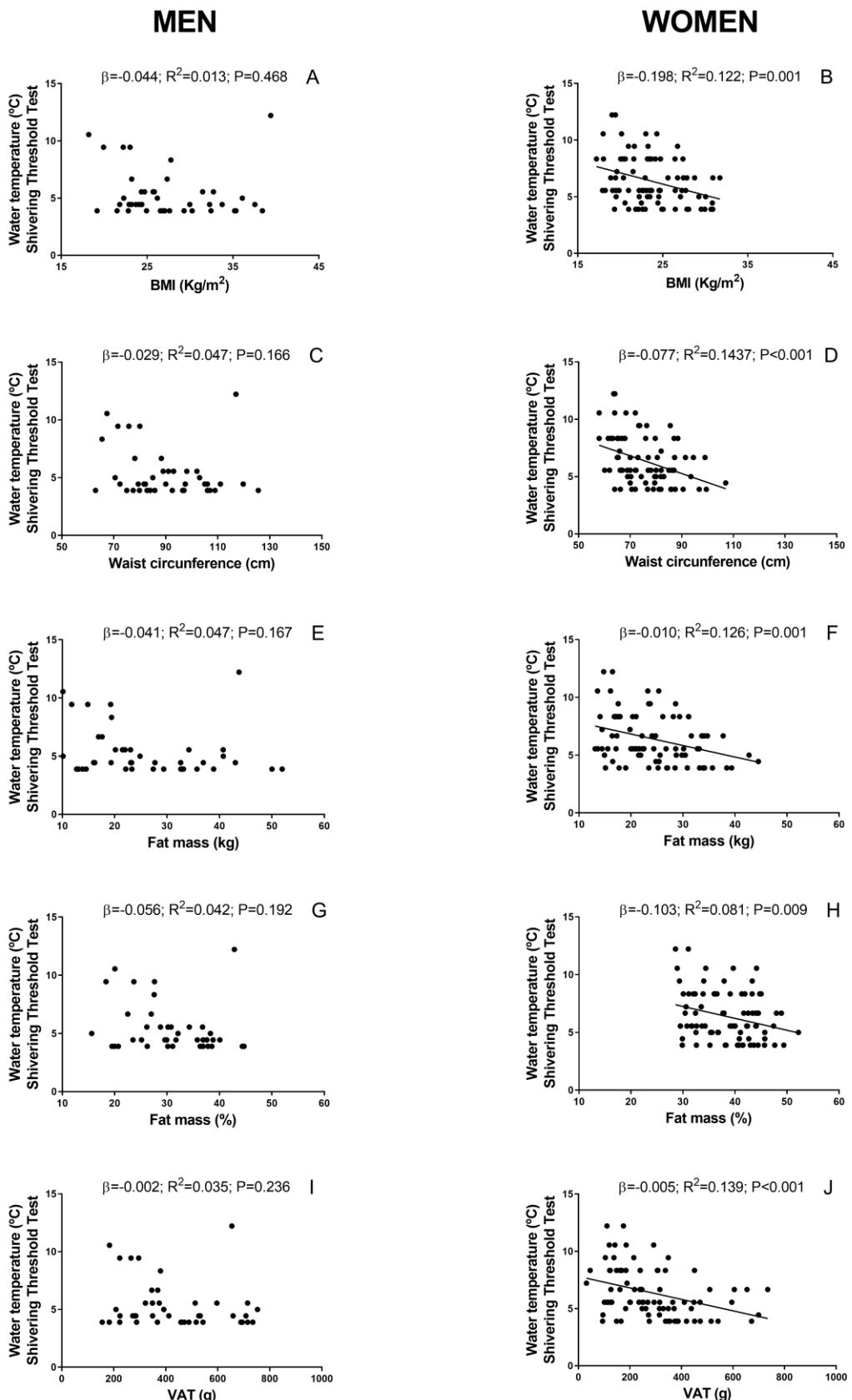
Supplementary figure 1. Differences in body mass index (BMI) between men (n=42) and women (n=84). P value from a student t-test.



Supplementary figure 2. Associations between brown adipose tissue (BAT) variables and body surface area. β = unstandardized simple regression coefficient; R^2 = standardized coefficient of determination. HU: Hounsfield units; SUV: Standardized uptake value.



Supplementary figure 3. Associations between brown adipose tissue (BAT) variables and lean mass. β = unstandardized simple regression coefficient; R^2 = standardized coefficient of determination. HU: Hounsfield units; SUV: Standardized uptake value.



Supplementary figure 4. Associations between body composition and the cooling-vest water temperature at the onset of shivering during the shivering threshold test. β = unstandardized simple regression coefficient; R^2 = standardized coefficient of determination. BMI= Body mass index; VAT= Visceral adipose tissue.