

Subject characteristics	
Gender (M:F)	22:8
Mean Age (y)	61.4 ± 6.5
BMI (kg/m ²)	29.7 ± 2.5
Fasting glucose (mmol/L)	5.6 ± 0.4
Fasting insulin (pmol/L)	12.6 ± 9.3
HOMA %B	102.4 ± 49.5
HOMA %S	88.1 ± 54.0
HOMA IR	1.61 1.10
1,5-anhydroglucitol (µg/ml)	16.6 ± 6.2
Disposition Index (HOMA %B * HOMA %S)	6742 ± 1947
HbA1c (%)	5.6 ± 0.3
OGIS (ml/kg/min)	332 ± 39

Table S4. Clinical and metabolic characteristics of patients at high risk of developing diabetes from the Maastricht cohort, as defined in the materials and methods section. Data are means ± SD or n. (gender distribution).