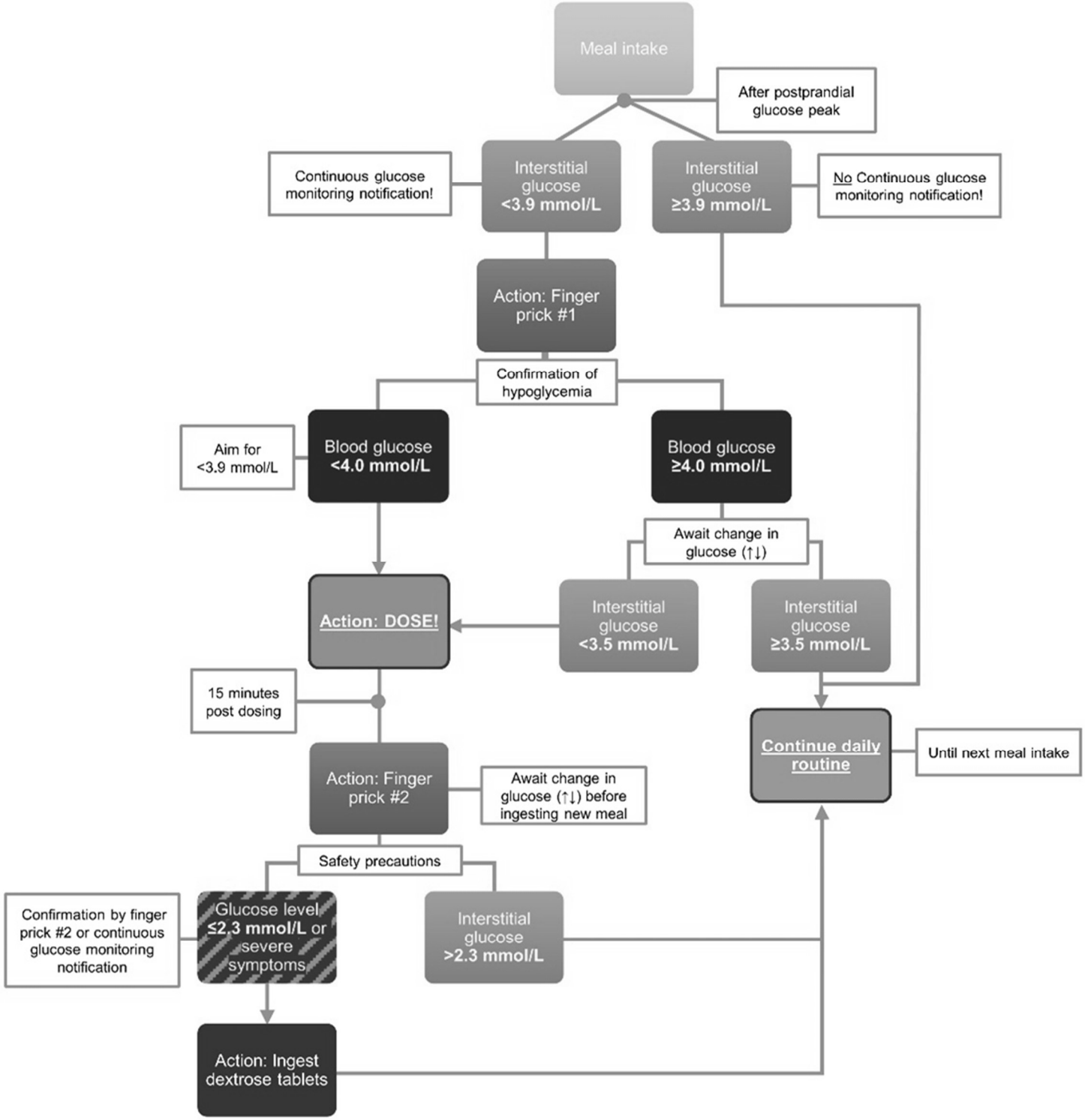
Figure S2


Meal intake
After postprandial glucose peak
Continuous glucose monitoring notification!
Interstitial glucose <3.9 mmol/L
Interstitial glucose ≥3.9 mmol/L
No Continuous glucose monitoring notification!
Action: Finger prick #1
Confirmation of hypoglycemia
Aim for <3.9 mmol/L
Blood glucose <4.0 mmol/L
Blood glucose ≥4.0 mmol/L
Await change in glucose (↑↓)
Action: DOSE!
Interstitial glucose <3.5 mmol/L
Interstitial glucose ≥3.5 mmol/L
15 minutes post dosing
Continue daily routine
Until next meal intake
Action: Finger prick #2
Await change in glucose (↑↓) before ingesting new meal
Safety precautions
Confirmation by finger prick #2 or continuous glucose monitoring notification
Glucose level ≤2.3 mmol/L or severe symptoms
Interstitial glucose >2.3 mmol/L
Action: Ingest dextrose tablets