

Section/Topic	Item Number	Item Description	Reported on page No
Introduction			
Objectives	1	State the objectives of the study specific to the mechanisms of interest. The objectives should specify whether the study aims to test or estimate the mechanistic effects	Page 8
Methods			
Effects of interest	2	Specify the effects of interest	Page 10
Causal assumptions	3	Specify assumptions about the causal model	Page 10
Measurement	4	Clearly describe the interventions or exposures, mediators, outcomes, confounders, and moderators that were used in the analyses. Specify how and when they were measured, the measurement properties, and whether blinded assessment was used	Page 8-10
Statistical methods	5	Describe the statistical methods used to estimate the causal relationships of interest. This description should specify analytical strategies used to reduce confounding, model building procedures, justification for the inclusion or exclusion of possible interaction terms, modelling assumptions, and methods used to handle missing data. Provide a reference to the statistical software and package used	Page 10-11
Results			
Participants	6	Describe baseline characteristics of participants included in mediation analyses. Report the total sample size and number of participants lost during follow-up or with missing data	Page 11-12 and Fig. 2
Outcomes and estimates	7	Report point estimates and uncertainty estimates for the exposure-mediator and mediator-outcome relationships. If inference concerning the causal relationship of interest is considered feasible given the causal assumptions, report the point estimate and uncertainty estimate	Page 12-13, Fig 3, Fig 4, Fig S1, and Fig S2
Discussion			
Limitations	8	Discuss the limitations of the study including potential sources of bias	Page 14-15
Interpretation	9	Interpret the estimated effects considering the study's magnitude and uncertainty, plausibility of the causal assumptions, limitations, generalizability of the findings, and results from relevant studies	Page 13-15

From: Lee H, Cashin AG, Lamb SE, Hopewell S, Vansteelandt S, VanderWeele TJ, et al. A Guideline for Reporting Mediation Analyses of Randomized Trials and Observational Studies. The AGReMA Statement. JAMA. 2021;326(11):1045–1056. doi:10.1001/jama.2021.14075

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