

Supplementary Table 2:

Results of the WHOQOL-BREF questionnaire at the baseline and the end of the study

Domain	rtCGM			isCGM		
	baseline	at the end of the study	P	baseline	at the end of the study	P
Physical health	14.2±1.8	14.1±1.5	0.6821	13.9±1.6	14.0±1.7	0.8217
Psychological health	14.6±1.3	14.5±1.7	0.3336	14.6±1.6	14.7±1.6	0.8740
Social relationships	15.8±2.8	15.7±2.8	0.8794	15.4±3.4	15.2±2.8	0.5522
Environment	15.3±2.0	15.5±2.1	0.5580	15.5±1.8	16.1±1.8	0.1017

Values are presented as mean ± SD; P values <0.05 are statistically significant.

Between-group differences in patient-reported quality of life measures

Domain	Baseline			At the end of the study		
	rtCGM	isCGM	P	rtCGM	isCGM	P
Physical health	14.2±1.8	13.9±1.6	0.5876	14.1±1.5	14.0±1.7	0.8418
Psychological health	14.6±1.3	14.6±1.6	0.9987	14.5±1.7	14.7±1.6	0.6469
Social relationships	15.8±2.8	15.4±3.4	0.6681	15.7±2.8	15.2±2.8	0.4232
Environment	15.3±2.0	15.5±1.8	0.8176	15.5±2.1	16.1±1.8	0.2882

Values are presented as mean ± SD; P values <0.05 are statistically significant.